

THE BENEFITS OF MENTORING

Hi, I'm *Anne Kelly*, ICF Coach, Trainer and Mentor. I've also been called the “**Credentialing Confusion Buster**” by my clients. Thanks very much for stopping by my blog. I have useful information here that will help you understand the ICF credentialing process and make that easier for you.

Today, I'm talking about an option all coaches have in earning the **40 hours we require every three years**. That option is **MENTORING**.

Now some of you may be saying, “*But the ICF doesn't require mentoring for me.*” I'm a PCC, and don't require mentoring.

I want to share with you that I recently completed an MCC mentoring program myself, because eventually I want to apply for an MCC. And I've hung around with a lot of MCCs and taken advanced mentor training with them. Here's something I hear all of them say, the MCC mentors and the PCCs that are applying, they all wish they'd started sooner. **They all wish they'd begun mentoring sooner.**

Consider some of the **Benefits Of Mentoring**, even if it's not a requirement by the ICF. You can **grow your skills** to meet the **latest requirements**. I don't know about you, but I got the first coach training I ever took, in 2003 and then I attended what is today, a level two in 2005 – there've been a lot of changes in the requirements, in the Competencies, in the Ethical Standards since then.

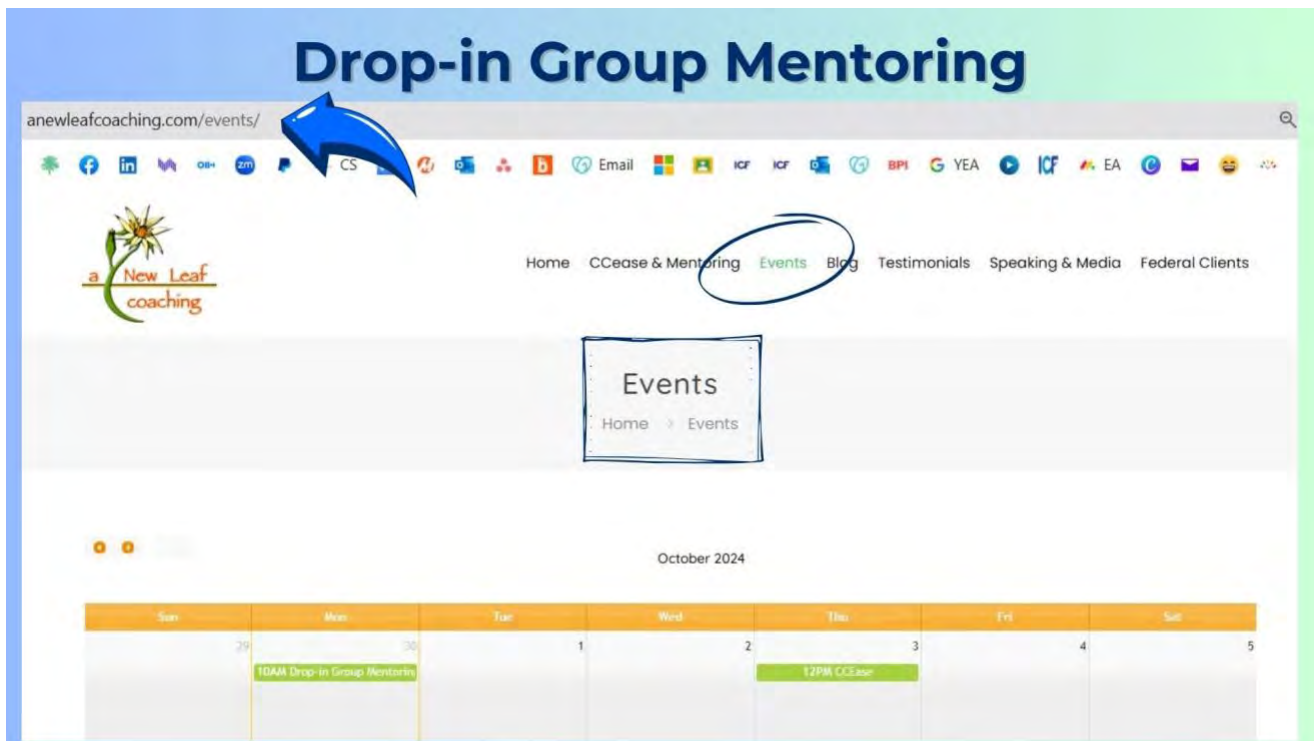
In mentoring, you also receive **Individualized Feedback** on the specific skills you want to focus on and grow. You can experience a **Safe Environment** to **try new skills** and stretch your abilities.

And you **Learn From Others** in the group. *How did they handle this? That's an area I'm not so comfortable with.* They had a go to response for that that I like that will help me. You can **earn high quality Continuing Education Hours** that directly address where you want to go as a Coach. And it will definitely **Help You Prepare** in case you do apply for the next level of coaching.

I offer **Group Mentoring** *four times each month*, all year long, please join us for one or more group.

You can also complete all **10 hours of your mentoring**, including the three one-on-one that are required.

There's easy registration on my website, anewleafcoaching.com. Go there and look at '**EVENTS**'.



And I hope you'll come back to the blog and check often for updates.

If you have questions, a special request, or you'd like to know more about mentoring, please schedule a Zoom with me. You'll get clarity. You can ask your questions. We'll talk about ICF requirements, and you'll be able to see if my training style and my training programs may be a good fit for you.

So thanks so much for watching. I hope you have a great rest of your day.

Links:

anewleafcoaching.com

Schedule a Zoom: <http://meetme.so/AnneKelly>