



**Anne Kelly, PCC, CMC**  
A New Leaf Coaching  
(301) 693-9580/Frederick, MD  
[www.CertifiedCoachMentor.com](http://www.CertifiedCoachMentor.com)  
CertifiedCoachMentor@earthlink.net

---

## About Anne

I have been **coaching for 16+ years**; first as a federal employee/**internal coach** of **both teams and individuals**. Today I serve as a consultant/**external coach** for federal executives across multiple agencies. I am also the **ICF Metro DC Chapter's Group Mentor Coach**, offering monthly CCE and group mentoring for ACCs and PCCs. Since 2014 I have been an ICF **Core Competency trainer**, teaching and providing feedback on live coaching, through the Deeper Conversations Coaching training program. Perhaps most important to me, I provide all mentoring and training in a critique-free environment that encourages maximum learning, safety, willingness to risk, and focused on the **joy and love of coaching** that brought us all here in the first place!

- **Certified Mentor Coach, ICF Core Competency Trainer, Chapter Group Mentor/Trainer**
- **Expert in Coaching, Training, Leadership, Teams, Communication, Executive Coaching, ICF Coach Mentoring, Learning Environment Facilitator and Faculty**
- Federal Trainer and facilitator since 1992, certified business coach since 2006

## Credentials

- **Professional Certified Coach, PCC (2006); Certified Mentor Coach, CMC (2016)**
- **Member** - International Coach Federation - Metro DC Chapter; Maryland ASTD-ATD; Foundation for Inspired Learning; ICF Metro DC's Group Mentor/CCEU Trainer
- Bachelor of Science, **Administration; Dept of the Army Certified Trainer and Facilitator**
- **Master Certified Inspired Learning Facilitator™** and Faculty instructor
- Certified **Leadership, Education and Development Trainer**

**Organizational experience** – Federal, municipal, and private clients include:

- The National Park Service
- Department of Transportation
- Frederick Community College
- Department of Agriculture
- **Individual/group coach mentoring**
- Department of Defense
- Department of Veterans Affairs
- ICF Metro DC Group Chapter

[See much more at A New Leaf Coaching LinkedIn page](#)

## Testimonials

*“If you want to be a better coach, you need Anne Kelly! Anne is a superb mentor coach who has just the right touch. Her approach is based upon learning in a safe environment, and establishes trust early. From there, she challenged me to really examine my approach and invited me to dig deep. There is no doubt, I am a better coach after her mentorship—and I am having more fun. Anne is a winner!”*

Anthony Stamilio, ACC, Founder/CEO, First Step Coaching & Consulting, LLC

*“Anne is gifted in creating a safe space for exploration and growth. The value I received from our three hours of mentor coaching was immense. Anne’s ability to create a clear agenda and structure and her preparation for each session is outstanding. Listening to the recorded sessions from coaching my clients was very beneficial. We discussed our insights and focused on applying the ICF Core Competencies. Anne reinforced learning with handouts and other resources after each call. Anne’s passion for coaching is contagious. Thank you Anne for your assistance meeting my goal of recertification and more importantly, inspiring me to set a goal for applying for my PCC.”*

Pat Herber, ACC, Leadership and Life Transition Coach

*“Anne is a truly masterful coach. She is compassionate and professional while holding a completely safe space for me to be transparent, explore, and discover my own answers. She’s a great guide on the path.*

*She gave me lots of space to explore (I like lots of space) and brought me back to my focus in a way that didn't interrupt my rhythm and flow. Great questions, redirects, and reframes!*

*Anne is an amazing support and superb coach. If you have a direction, hire Anne; she'll support you to achieve your goal!”*

Joanna Davis, MCC, Coach For Life Faculty

*“Anne is calm, insightful and deeply supportive. She has a great ability to hold the space for the coachee to think, reflect and have insights, and she provides steady guidance over the duration of the engagement, yet always keeps the coachee in the driver's seat.*

*I loved the way Anne continued to reflect my thinking and feeling, helping me build a sense of my cognitive and philosophical journey. It really helped me understand my old patterns of thinking and my new patterns. At all times, she was deeply respectful and nurturing, yet challenged me around my thinking.*

*If you have deeper questions about life, then Anne is the coach for you. I whole-heartedly recommend Anne as a coach.”*

Chris Ridler, Director, Performance Potential

[See much more at A New Leaf Coaching LinkedIn page](#)